

Dua when going to bed

بِسْمِكَ اللَّهُمَّ أَمُوتُ وَأَحْيَا

**Bismika Allahumma amutu wa ahya**

*“In Your name, O Allah, I die and I live.”*

LIE ON THE RIGHT SIDE, HAND BENEATH THE CHEEK

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