

TWENTY-ONE POCKET CARDS

أَذْكَارُ الطَّرِيقِ

Adhkar for the Road

*What to say when you step out — boarding, travelling,
stopping, the market, the rain, coming home — and the dhikr
and istighfar that carry the greatest reward.*

01

Print the seven sheets

Plain A4, single-sided. Card stock or
120gsm paper survives a wallet far longer.

03

Keep them in a packet

A small envelope in the glovebox, bag or
coat pocket. Draw one out while you wait.

02

Cut along the dashed lines

Three cards to a sheet, twenty-one in all. A
guillotine gives the cleanest edge.

04

Every card carries its source

Hadith reference and grading sit on each
card, with the reported benefit beneath it.

ARABIC · TRANSLITERATION
MEANING · SOURCE · BENEFIT

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01 · LEAVING THE HOUSE

بِسْمِ اللَّهِ، تَوَكَّلْتُ عَلَى اللَّهِ، وَلَا حَوْلَ وَلَا
قُوَّةَ إِلَّا بِاللَّهِ

**Bismillah, tawakkaltu 'alallahi, wa la hawla wa la
quwwata illa billah**

*"In the name of Allah, I place my trust in Allah; there is no might
and no power except with Allah."*

BENEFIT

*It is said to him: you are guided,
defended and protected — and the
devils turn away.*

SOURCE

Sunan Abi Dawud 5095; Tirmidhi
3426 — sahih

02 · BOARDING A CAR OR ANY TRANSPORT

سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ،
وَإِنَّا إِلَىٰ رَبِّنَا لَمُنْقَلِبُونَ

**Subhanalladhi sakhkhara lana hadha wa ma kunna
lahu muqrinin, wa inna ila Rabbina lamunqalibun**

*"Glory to Him who placed this in our service, though we could never
have mastered it; and to our Lord we are returning."*

BENEFIT

*Said with Bismillah as you sit, then
Alhamdulillah and Allahu akbar
three times — the Prophet ﷺ never
rode without it.*

SOURCE

Sahih Muslim 1342; Abu Dawud
2602 — sahih

03 · THE TRAVELLER'S DUA

اللَّهُمَّ إِنَّا نَسْأَلُكَ فِي سَفَرِنَا هَذَا الْبِرَّ وَالتَّقْوَىٰ، وَمِنْ
الْعَمَلِ مَا تَرْضَىٰ، اللَّهُمَّ هَوِّنْ عَلَيْنَا سَفَرَنَا هَذَا وَاطْوِ عَنَّا
بَعْدَهُ

**Allahumma inna nas'aluka fi safarina hadhal-birra wat-
taqwa, wa minal-'amali ma tarda. Allahumma hawwin
'alayna safarana hadha watwi 'anna bu'dahu**

*"O Allah, we ask You for righteousness and piety on this journey, and
deeds that please You. Make our journey easy and fold up its distance
for us."*

BENEFIT

*The Prophet's own words on setting
out — for a long journey or the
daily commute.*

SOURCE

Sahih Muslim 1342 — sahih

04 · GOING UP, COMING DOWN

اللَّهُ أَكْبَرُ · سُبْحَانَ اللَّهِ

Allahu akbar — climbing · Subhanallah — descending

“Allah is the greatest” as the road rises; “Glory be to Allah” as it drops away.

BENEFIT

The Companions' habit on every rise and dip of the journey — it keeps the tongue busy with Allah.

SOURCE

Sahih al-Bukhari 2993 — sahih

05 · IF THE RIDE STUMBLES OR BREAKS DOWN

بِسْمِ اللَّهِ

Bismillah

“In the name of Allah.”

BENEFIT

Say Bismillah, not a curse: cursing the devil swells him to the size of a house — Bismillah shrinks him to a fly.

SOURCE

Sunan Abi Dawud 4982 — sahih

06 · STOPPING ANYWHERE ALONG THE WAY

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

A'udhu bikalimatillahit-tammati min sharri ma khalaq

“I seek refuge in the perfect words of Allah from the evil of what He has created.”

BENEFIT

Whoever says it at a stopping place, nothing will harm him until he moves on.

SOURCE

Sahih Muslim 2708 — sahih

07 · MORNING AND EVENING, THREE TIMES

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّهُ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ
وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

**Bismillahil-ladhi la yadurru ma'asmihi shay'un fil-ardi
wa la fis-sama'i wa Huwas-Sami'ul-'Alim**

*"In the name of Allah, with whose name nothing in the earth or the
heaven can cause harm; He is the All-Hearing, the All-Knowing."*

BENEFIT

*Three times in the morning and
evening: no sudden affliction will
harm him that day or night.*

SOURCE

Sunan Abi Dawud 5088; Tirmidhi
3388 — sahih

08 · FACING FEAR OR HOSTILITY

اللَّهُمَّ إِنَّا نَجْعَلُكَ فِي نُحُورِهِمْ، وَنَعُوذُ بِكَ مِنْ
شُرُورِهِمْ

**Allahumma inna naj'aluka fi nuhurihim, wa
na'udhu bika min shururihim**

*"O Allah, we place You before them, and we seek refuge in You
from their evil."*

BENEFIT

*The Prophet ﷺ said it whenever he
feared a people on a journey.*

SOURCE

Sunan Abi Dawud 1537 — sahih

09 · ENTERING THE MARKET

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ،
يُحْيِي وَيُمِيتُ وَهُوَ حَيٌّ لَا يَمُوتُ، بِيَدِهِ الْخَيْرُ وَهُوَ عَلَى
كُلِّ شَيْءٍ قَدِيرٌ

**La ilaha illallahu wahdahu la sharika lah, lahul-mulku wa
lahul-hamd, yuhyi wa yumitu wa Huwa Hayyun la yamut,
bi yadihil-khayru wa Huwa 'ala kulli shay'in Qadir**

*"There is no god but Allah alone, with no partner; His is the dominion and
His is the praise. He gives life and death and He is Ever-Living; in His hand
is all good, and He is capable of everything."*

BENEFIT

*A million good deeds written, a
million sins erased, and a house
raised in Paradise.*

SOURCE

Jami' at-Tirmidhi 3428 — hasan

10 · WHEN IT RAINS

اللَّهُمَّ صَيِّبًا نَافِعًا

Allahumma sayyiban nafi'an

“O Allah, make it a beneficial downpour.”

BENEFIT

Rainfall is one of the times supplication is answered — ask while it falls.

SOURCE

Sahih al-Bukhari 1032 — sahih

11 · DHIKR WHILE YOU WALK OR WAIT

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

Subhanallahi wa bihamdih

“Glory be to Allah, and praise be to Him.”

BENEFIT

One hundred times a day: his sins are wiped away, though they be like the foam of the sea.

SOURCE

Sahih Muslim 2691 — sahih

12 · COMING HOME AGAIN

آيُونَ تَائِبُونَ عَابِدُونَ لِرَبِّنَا حَامِدُونَ

Ayibuna ta'ibuna 'abiduna li-Rabbina hamidun

“We return, repentant, worshipping and praising our Lord.”

BENEFIT

Said as the journey ends and home comes into view — the traveller's closing words.

SOURCE

Sahih Muslim 1344 — sahih

13 · SAYYIDUL ISTIGHFAR — THE MASTER SUPPLICATION OF FORGIVENESS

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ
وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ
عَلَيَّ، وَأَبُوءُ بِذَنْبِي فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

**Allahumma Anta Rabbi la ilaha illa Anta, khalaqtani wa ana 'abduk, wa
ana 'ala 'ahdika wa wa'dika mastata't, a'udhu bika min sharri ma sana't,
abu'u laka bi ni'matika 'alayya, wa abu'u bi dhanbi faghfir li fa innahu
la yaghfirudh-dhunuba illa Anta**

“O Allah, You are my Lord; there is no god but You. You created me and I am Your servant.
I acknowledge Your favour upon me and confess my sin — forgive me, for none forgives sins
but You.”

BENEFIT

Whoever says it by day or
night with conviction and
dies in that day or night
enters Paradise.

SOURCE

Sahih al-Bukhari 6306 —
sahih

14 · TURNING BACK TO ALLAH, OFTEN

أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ

Astaghfirullah wa atubu ilayh

“I seek Allah's forgiveness and turn to Him in repentance.”

BENEFIT

The Prophet ﷺ said it more than
seventy times a day, and he had no
sin. Fill queues and traffic with it.

SOURCE

Sahih al-Bukhari 6307 — sahih

15 · THE DUA OF YUNUS, IN ANY DISTRESS

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ
الظَّالِمِينَ

**La ilaha illa Anta, subhanaka, inni kuntu minaz-
zalimin**

“There is no god but You; glory be to You. Indeed, I was among
the wrongdoers.”

BENEFIT

No Muslim supplicates with it in
any hardship without Allah
answering him.

SOURCE

Qur'an 21:87; Tirmidhi 3505 —
sahih

16 · A HUNDRED TIMES A DAY

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ
الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

**La ilaha illallahu wahdahu la sharika lah, lahul-mulku
wa lahul-hamdu wa Huwa 'ala kulli shay'in Qadir**

“There is no god but Allah alone, with no partner; His is the dominion
and His is the praise, and He is capable of everything.”

BENEFIT

*A hundred times: the reward of
freeing a hundred slaves, a hundred
good deeds written, and a shield
from Shaytan till nightfall.*

SOURCE

Sahih al-Bukhari 6403 — sahih

17 · LIGHT ON THE TONGUE, HEAVY ON THE SCALE

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ، سُبْحَانَ اللَّهِ الْعَظِيمِ

Subhanallahi wa bihamdih, Subhanallahil-'Azim

“Glory and praise be to Allah; glory be to Allah, the Most Great.”

BENEFIT

*Two phrases beloved to the Most
Merciful — light upon the tongue,
heavy upon the Scale.*

SOURCE

Sahih al-Bukhari 6682; Muslim 2694
— sahih

18 · A TREASURE OF PARADISE

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

La hawla wa la quwwata illa billah

“There is no might and no power except with Allah.”

BENEFIT

*The Prophet ﷺ called it a treasure
of Paradise — say it when a matter
is beyond your strength.*

SOURCE

Sahih al-Bukhari 6384; Muslim 2704
— sahih

19 · AFTER EVERY PRAYER, OR BEFORE SLEEP

سُبْحَانَ اللَّهِ ۳۳ · الْحَمْدُ لِلَّهِ ۳۳ · اللَّهُ أَكْبَرُ
۳۴

**Subhanallah x33 · Alhamdulillah x33 · Allahu
akbar x34**

“Glory be to Allah · All praise is for Allah · Allah is the greatest.”

BENEFIT

Given to Fatimah when she asked for a servant: “This is better for you than what you asked for.”

SOURCE

Sahih al-Bukhari 5362; Muslim 596
— sahih

20 · SALAH UPON THE PROPHET ﷺ

اللَّهُمَّ صَلِّ وَسَلِّمْ عَلَى نَبِيِّنَا مُحَمَّدٍ

**Allahumma salli wa sallim 'ala Nabiyyina
Muhammad**

“O Allah, send blessings and peace upon our Prophet Muhammad.”

BENEFIT

Whoever sends one salah upon him, Allah sends ten upon that person.

SOURCE

Sahih Muslim 408 — sahih

21 · MORNING AND EVENING, THREE TIMES EACH

الإِخْلَاصُ · الْفَلَقُ · النَّاسُ

Surat al-Ikhlās · al-Falaq · an-Nas

The three surahs of refuge, recited three times after Fajr and after Maghrib.

BENEFIT

“They will suffice you against everything.”

SOURCE

Sunan Abi Dawud 5082; Tirmidhi 3575 — sahih